



# CERTIFICATE OF PARTICIPATION

This is to certify that

**Karabo Ntabanyane**

Has successfully participated & completed the  
**42km The Spar Knysna Forest Marathon**  
held at Knysna.

**TIME 03:42:33**

**PACE 05:16/km**  
**OVERALL 46 of 834**

**GENDER 38 of 563**  
**SENIOR (20- 27 of 291  
39)**



08 July 2023, Sat

Date

*BoutTime*

Signature

